

# *Thalassa Nursing Home*

A commitment to care





# *A caring environment*

Thalassa Nursing Home is a Care home with nursing situated in a residential area close to shops, public transport and local amenities. It is also close to the sea and local beauty spots. The Home has a secluded garden offering peace and tranquillity to residents.

We offer a range of accommodation of single and shared rooms all with nurse call points. Some rooms have en-suite facilities. We have assisted bathrooms and a shower room.

Residents are welcome to bring in personal effects from their current home as long as they comply with Health & Safety regulations.



## *Attention to detail*

We have a holistic approach to caring for residents which includes all aspects of nursing and social care.

A variety of group and individual activities are available to residents and outings are arranged in the warmer weather.

Registered nurses at Thalassa Nursing Home assess, monitor and evaluate the needs of residents and each resident has a comprehensive care plan. GPs and other healthcare professionals visit regularly.

# *A choice of lifestyle*

We provide our residents with a variety of choices in their lifestyle. Our in-house kitchen provides a daily selection of wholesome meals prepared from fresh ingredients. We ensure that special dietary needs are met and there is always a selection of home-made cakes, biscuits and fresh fruits.

Television and video are available in the two lounges. Activities include occupational therapy, quizzes, games and reminiscence. Relatives and friends are welcome to visit at any time and can participate in our various activities and parties.

Hairdressing, dental, GP, optician, physiotherapy and chiropody service providers visit the Home regularly. Laundry services are provided in-house.

Arrangements are made to ensure residents are able to worship in their own faith and representatives from different denominations visit the Home.

Our aim is to provide a positive and comfortable lifestyle for our residents by enabling and encouraging them to make the most of their individual capabilities within a residential setting.







Our specially trained staff help all residents feel secure and comfortable so that they can look forward to the future with optimism.

In our home, they will be enabled and encouraged to retain their dignity, independence and individuality.



# Our objectives

*To ensure staff are responsive to the individual needs of the residents and provide care to facilitate the highest possible quality of life within the home.*

*To develop a care plan for each resident compiled with key areas of choice, rights, fulfilment, independence, privacy, dignity and security in mind.*

*To ensure our staff are adequately trained, supported and managed.*

*To have an expectation of each member of staff to conduct themselves in a professional and mature manner and produce care of a high quality.*

*To provide a caring and supportive environment where the resident feels valued, secure and happy.*

*To foster an environment of openness and respect, in which residents, family, friends and staff feel valued, and where each person's view counts.*

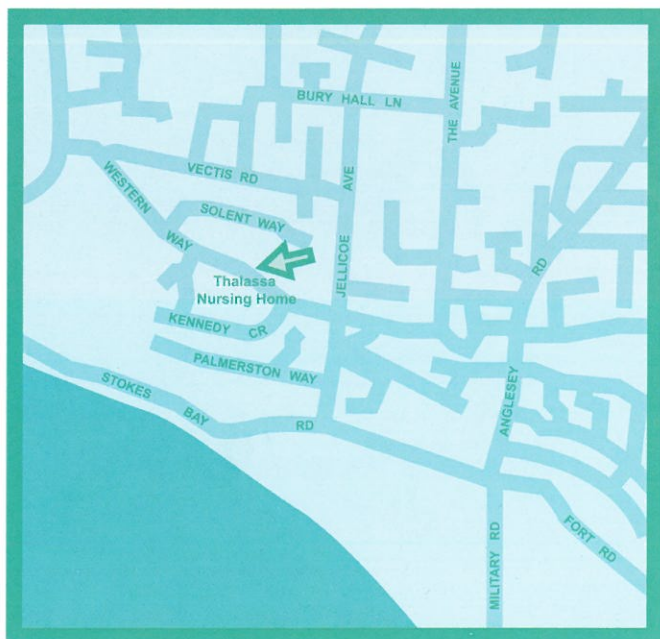
*To enable staff to gain a sense of achievement and self-fulfilment from their experience with us.*



# *From home to home*

Thalassa Nursing Home embraces a philosophy of care which aims to provide a secure, relaxed and homely environment in which the care of the resident is of prime importance. We aim to provide care to a standard of excellence which embraces the fundamental principles of good practice. If at all possible, a trial visit will be arranged prior to admission to the Home, so that the resident and family can make an informed choice about their next place of abode.

To arrange a visit, or to discuss the Home further, please contact:



**The Manager:**

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*Registration details: 33 beds. Care home with nursing for older people.*

*Categories of registration: Terminally ill. Physical disability.*

*Registered with CSCI*